There's Nothing To Fear!
coloring and activity book

Written and Illustrated by
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Acknowledgements

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Hello, my name is Kyler. This is my mom’s first time bringing me to the dentist’s office and I am really scared!
Hello, Kyler, my name is Wendy. There is no reason to be scared! I like the dentist because I think it is fun. Look, they even have toys!
The hygienist is calling us back. She is one of the dentist’s helpers who will clean our teeth. Follow us and you will see that it is not so bad.
They allow some kids who are waiting to sit on a bench so they can watch kids like me go first.
Hello, Wendy. Hello, Kyler. I am a hygienist and I am here to clean Wendy’s teeth before the dentist sees them.
Before we begin, I am going to show you two what all of my special tools do.
First, I am going to use a Q-tip to cover your teeth with pink paint.
The paint helps me find the places you forgot to brush.
While I am cleaning your teeth, I will be using Mr. Thirsty and my special water gun.
The water I will spray into your mouth with my water gun will get sucked up by Mr. Thirsty.
I am going to give you both new toothbrushes today! I will use your new toothbrush while I clean your teeth.
After I clean where you missed, I am going to floss your teeth. I can even show you how on your hand!
Once your teeth are flossed, I will use my ticklebrush. See, when I run it on your finger, it feels soft and ticklish. You won’t even feel it on your teeth!
Your teeth will be totally clean after that so the dentist will come use the mirror and toothcounter. I know the toothcounter looks sharp, but your teeth are hard like your nails. When I tap your nails with it, you do not feel a thing!
Hello, Wendy. Hello, Kyler. I am your dentist and I am here to count your teeth and look for sugar bugs!
How many teeth do you see?

You get sugar bugs from eating too much candy and sweets.
The last thing I will do is give each of your teeth their vitamin. Wendy will get a princess vitamin and Kyler will get a spiderman vitamin.
The vitamins are painted on just like the pink paint from earlier. Then you will be all done!
I told you the dentist’s was not a scary place!
Thank you, Wendy, I like the dentist’s now.
The Governor’s Advisory Council for Exceptional Citizens (GACEC) would like to thank Kristen Ball, the POLYTECH High School senior who researched, designed, and created this wonderful coloring book, Robert McMullen, POLYTECH Visual Communication’s teacher, for his encouragement and guidance during the process, and John Rykaczeski, Delcastle Technical High School’s Graphic Arts teacher and his students for assistance in the printing process.

This coloring book joins with Kristen’s other work “All My Different Friends At School” in the GACEC’s early childhood Disability Education & Awareness Program. The early childhood program began as a direct result of House Concurrent Resolution (HCR 33), which proclaims the month of October to be disability history and awareness month, and encourages all Delaware center and family based preschool programs to provide instructions and events related thereto. With the help of both of Kristen’s books, GACEC helps to promote disability history awareness in early childhood settings, not just in October, but year round.

The GACEC is grateful for the hard work and vision of Kristen Ball, who helped bring awareness to life for many of Delaware’s youngest citizens.